Find journal articles in my recommended reading list

1. Begin at **My Ara**: https://myara.ara.ac.nz/

2 Click on **Primo Library Search** tile**.**

3. On your reading list, identify the name of the **journal title.** It is usually in italics. This is the title you type in the Library search box.

   N.B. Be sure to **search for the journal title** NOT the article title.

Asher, J.B.(2008). The Cartwright report twenty years on. *Nursing New Zealand*, *14*(7), 2.

4. Type the journal title into the **Search box**

   e.g.

5. Press **Enter** on your keyboard or click on the **Search button**

6. Click on the **title** of the journal.

[N.B : **Nursing New Zealand** is **Kai Tiaki**

journal]

7. Under **View online** click on the database name e.g. CINAHL with Full Text

CINAHL with Full Text
Available from 2004

8**.** If prompted, use your **Network / Moodle username** and **password** to login.

9. From your **recommended reading list** make a note of the**:**

- **year** of publication of the journal e.g. **2008**
- **volume, issue** and **page** numbers. e.g. *14 (7), 2* is *volume 14* **(issue 7), page 2.**

Asher, J.B.(2008). The Cartwright report twenty years on. *Nursing New Zealand*, *14*(7), 2.

10**.** Then click on the applicable year, volume and issue.

+ 2009
-- 2008
   Vol. 14 Issue 12 - Dec2008/Jan2009
   Vol. 14 Issue 11 - Nov2008
   Vol. 14 Issue 10 - Oct2008
   Vol. 14 Issue 9 - Sep2008
   Vol. 14 Issue 8 - Aug2008
   Vol. 14 Issue 7 - Jul2008 ◄
   Vol. 14 Issue 6 - Jun2008

11. Scroll through the articles to locate your recommended article.

12. Download your article. We recommend you use the **PDF** option if two formats are offered.

13.   Select the **Save** 💾 or **Print** 🖨 icon as required.

Note: Sometimes you need to hover over the article using your mouse to see these icons.

For further assistance
- Ask at the Library, Christchurch, Madras St. Campus
- Live chat with a Librarian during open hours via Asklive
- Ring (03) 9408089 or 0800 24 24 76 and ask for the Library
- Email : library@ara.ac.nz