Relax, revive and radiate

Beauty therapy treatments at Ara

Ara

ara.ac.nz

Enjoy a relaxing beauty treatment, performed by an Ara beauty therapy student under professional supervision.

Please note: treatments are priced according to the experience of the student providing them. As this is a training establishment, duration of treatments may vary.

Certificate dates and treatments

Tuesdays:	10 November: 9.30am – 2pm 20 & 27 October: 9.30am – 3pm
Wednesdays:	11 November: 9.30am – 2pm
Thursdays:	15 & 22 October: 9.30am – 3pm

Eyelashes and Eyebrows

Look like you're always wearing mascara and frame your face with more defined eyebrows.

Eyelash tint	**$15**
Eyebrow tint	**$10**
Eyebrow tidy *(tweezer only)*	**$10**
Eye trio (all three treatments above)	**$30**

Waxing

Half leg	**$15**
Forearm	**$15**
Underarm	**$15**
Bikini	**$15**
Eyebrows	**$10**
Sides of face	**$10**
Upper lip	**$10**
Chin	**$10**
Full leg waxing *(females only)*	**$30**
Men's chest wax	**$30**
Men's back wax	**$30**

Manicure or Pedicure

Let us pamper you with a manicure treatment along with a luxurious hand or foot massage.

Regular polish only	**$20**
Gel polish	**$25**
Add a paraffin dip	**$10**
Add gel removal	**$15**

Spray Tan

Get that golden summer glow all year round. **$20**

Facial

Enjoy a luxurious 60-minute facial with active biological ingredients that help your skin preserve its balance and maintain its well-being. **$40**

Relaxation Massage

Take time out of your busy day and let us soothe those tired muscles.

Full body	**$40**
Back, neck and shoulders	**$25**

Diploma dates and treatments

Wednesdays: 5 August; 16 September; 11 November: 9.15am - 3.15pm

19 August & 14 October: 1pm – 7pm

***Note:** All eye treatments and all waxing treatments from the Certificate clinics shown are available plus below.*

Waxing

Brazilian - initial appointment	**$50**
Brazilian - follow up appointment (within 4 weeks)	**$40**

Makeup Application

Look fabulous with a professional makeup application and get advice on the products best suited to your face and eye shape.	**$25**

Consultation and Observ Skin Analysis

Discuss your skin concerns and tell us what you'd like to achieve. Based on your skin consultation and analysis, your therapist will recommend a tailored treatment plan.	**FREE**

O Cosmedics Facial

A supercharged 60-minute facial with enzymatic benefits. A great starting-out treatment, suitable for all skin types.	**$50**
Add on O Cosmedics Advanced Alginate Mask	**$20**
Add on LED	**$15**

O Cosmedics Pro Dermal Peel

Our Pro Dermal O Cosmedic treatments offer intense, skin changing results and a youthful, healthy radiance. Your therapist will analyse your skin to determine your peel treatment and daily skin prescription.This treatment includes a soothing alginate mask, décolletage and neck massage or hand and arm massage.	**$70**
Add on LED	**$15**

ASAP Facial

Refreshing and hydrating 60-minute facial to gently exfoliate the skin, relax into a face, neck and décolletage facial followed by a customised mask.	**$50**
Add on ASAP peel	**$15**

Microdermabrasion

Reveal a brighter complexion with this non-invasive, deep exfoliation treatment that will polish, refine and hydrate your skin.	**$50**
Add on O Cosmedics Advanced Alginate Mask	**$20**
Add on LED	**$15**

Add-on treatments

LED

Stimulate the skin's natural regeneration process by harnessing the power of light in this targeted, non-invasive treatment.

$15 add-on or $30 standalone treatment

ASAP Peel

ASAP peels safely rejuvenate the skin with outstanding results for conditions including age, acne, sun damage and pigmentation.

$15 add-on or $30 standalone treatment

O Cosmedics Advanced Alginate Mask

Hydrate your skin with this electrolyte infused skin-boosting treatment. As add-on only.

$20 add-on only

Clinics from 16 September offer:

Hot Stone Massage

Reveal a brighter complexion with this non-invasive, deep exfoliation treatment that will polish, refine and hydrate your skin. **$40**

Nano Infusion Facial Therapy

This is a painless, non-invasive treatment that targets fine lines, wrinkles, pigmentation, scarring, and dull skin. Using advanced nano technology, it enhances serum absorption, boosts hydration, improves skin texture, and leaves your complexion brighter, smoother, and more radiant with no downtime. **$50**

Add on Microdermabrasion, ASAP Peel or LED **$15**

Clinics from 14 October offer:

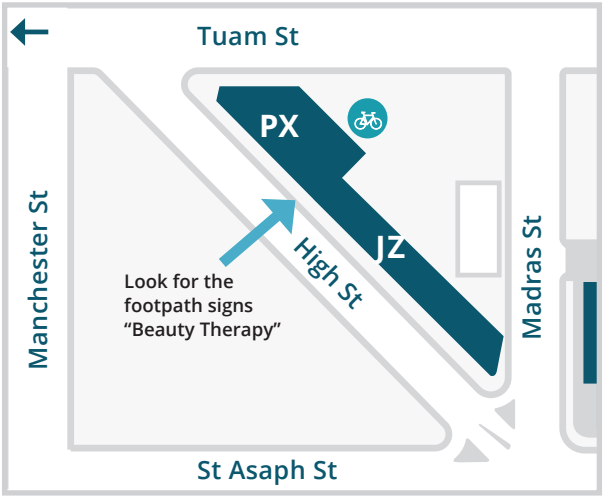
Full Body Exfoliation and Mask

Nourish and hydrate with the ultimate full body treatment. **$60**

Electrolysis hair removal
Micro needling

Please enquire for availability and pricing.

Christchurch clinic location



To book your appointment email:
treatments@ara.ac.nz

City campus
144 High Street
Christchurch

Please note: In the interest of health and safety, and for the comfort of you and others in the clinic, please do not bring babies and children to your appointment.

Children under the age of 16 are not permitted in Ara Beauty and Massage Clinics or Hair Salons.

We apologise for any inconvenience.

ara.ac.nz
0800 24 24 76

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